

WOMENS AEROBICS NIGHTS

MONDAY & THURSDAY NIGHTS

Time: 6:30pm TO 8:00pm

Introducing AEROBICS/EXERCISE Night For
The Ladies

Hosted by "The Biggest Losers" Jillian
Michaels

Indoors In The Chapel

All CrossPointe Attendees & HCA Students &
Visitors Welcome!!

Bring A Friend!!

ALL AGES!

MONDAY & THURSDAY NIGHTS @ 6:30

**CrossPointe
Athletic
Ministries**

Contact: Jason Michaelson, Athletic Director

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crossPointe
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